

## Statin Therapy for Patients with Diabetes (SPD)

Learn how to improve your pharmacy compliance rates adapted from Pharmacy Quality Alliance (PQA) by using this guide about the Statin Use in Patients with Diabetes (SPD) measure, best practices and more resources.

<p><b>LOB</b></p> <p>Commercial Medicare Medicaid</p>
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<p><b>Collection &amp; Reporting Method</b></p> <p>Part D Prescription Claims Claim/Encounter Data</p>
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<p><b>HEDIS</b></p> <p>2024</p>
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Diabetic patients ages 40-75 who do not have Atherosclerotic Cardiovascular Disease (ASCVD) and met the following criteria:

- Received statin therapy – Patients who were dispensed at least 1 statin medication of any intensity during the measurement year
- Statin adherence 80% – Members who remained on a statin medication of any intensity for at least 80% of the treatment period

### Exclusions

- Members in hospice or using hospice services any time during the measurement year
- End-stage renal disease (ESRD)
- Dialysis
- Beneficiaries with rhabdomyolysis or myopathy
- Pregnancy, lactation or fertility
- Cirrhosis
- Pre-diabetes
- Polycystic ovary syndrome (PCOS)
- Frailty and Advanced illness/Dementia medication

### Best Practices

- Consider prescribing a statin, as appropriate. If you determine a statin medication is appropriate, please send a prescription to the patient's preferred pharmacy.

In an effort to improve ease of ordering a full year supply and improve med adherence, the preference list items for the following commonly ordered medications have been adjusted to a 100 day supply with 3 RF.

Statins: Rosuvastatin, Atorvastatin, Pravastatin, Lovastatin, Simvastatin  
Diabetic Medications: Metformin ER, Metformin, Glimeperide, Jardiance, Farxiga

### Best Practice Intolerance Documentation

Exclusion codes must be reported annually.

Example: 67 year old female with muscle aches all over body.

Assessment: Muscle aches due to (add medication) \_\_\_\_\_.

Tip: Create a dot phrase or copy and paste.

#### Exclusion Codes, not limited to:

- G72.0 Drug-induced myopathy (SPD & SPC)
- G72.2 Myopathy due to other toxic agents
- G72.9 Myopathy, unspecified
- M60.9 Myositis, unspecified
- M62.82 Rhabdomyolysis
- M79.1 Myalgia
- M79.10 Myalgia, unspecified site
- M79.18 Myalgia, other site

#### Patients that are prediabetic must have one of the following codes to be excluded:

- R73.03
- R73.09

### Look out for Population Health Efforts:

- Pharmacy team is contacting patients who are reported as non-adherent to their medication based on pharmacy claims data
- Pharmacy team is utilizing telephone note feature in epic to document outreach attempts, see example below:

#### Population Health Outreach Call

- Payor: Anthem MA
- Purpose of call: Assess for and address any barriers to medication adherence
- Medication: Medication: Atorvastatin 40mg daily due for refill on 4/22/23
- Outcome: Patient states she was in SNF recently, so when discharged home she still had medication left. She claims adherence and states she does not need a refill at this time.

### References

<https://www.ncqa.org/hedis/measures/statin-therapy-for-patients-with-cardiovascular-disease-and-diabetes/>